



Impact of Family Caregiving in the Workplace: More Resources



Short Videos

- **Impacts of Caregiving on Workplace Performance** (Length: 4:36)
<https://www.youtube.com/watch?v=i0icdD9vOPc>
Hear from corporate and nonprofit employees about how caregiving effects their work.
- **Examples of Workplace Supports for Employed Caregivers** (Length: 4:05)
<http://www.youtube.com/watch?v=yRNfZT6Xe7I>
Hear from employees about what kinds of support employers can provide for their employees to keep them healthy and productive.
- Explore more of this **short video series** from University of Wisconsin-Extension's **Balancing Work and Family Care of Older Persons project** at: <http://fyi.uwex.edu/balancingcare/2011/09/14/videos-on-issues-related-to-work-and-eldercare/>

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Selected Reports & Resource Guides

- **Four Steps for Supporting Employees with Caregiving Responsibilities** (AARP / ReACT Employer Resource Guide)
<http://www.aarp.org/content/dam/aarp/home-and-family/caregiving/ReAct/employer-resource-guide.pdf>
- **Understanding the Impact of Family Caregiving on Work** (AARP Public Policy Institute)
http://www.aarp.org/content/dam/aarp/research/public_policy_institute/ltc/2012/understanding-impact-family-caregiving-work-AARP-ppi-ltc.pdf
- **Best Practices in Workplace Eldercare** (Case studies of various size employers, by National Alliance for Caregiving)
<http://www.caregiving.org/pdf/research/BestPracticesEldercareFINAL.pdf>
- **Determining the Return on Investment: Supportive Policies for Employee Caregivers** (AARP/ReACT)
<http://respectcaregivers.org/wp-content/uploads/2016/04/AARP-ROI-Report-FINAL-4.1.16.pdf>
- **The MetLife Study of Working Caregivers and Employer Health Care Costs: New Insights and Innovations for Reducing Health Care Costs for Employers**
<https://www.metlife.com/mmi/research/working-caregiver-employer-health-care-costs.html>

Request a free presentation or find more information and resources at:

www.CaringTogetherLompoc.org